

## Maturing Adult Series 2009

**You may attend individual sessions or the complete series.**

**Cost:** \$35 per day (includes lunch and materials).

### Registration is Required.

Please mail registration form and \$35 per day payable to:

**Laity & Family Life Office**  
20 Archbishop May Dr.  
St. Louis, MO 63119

### Please register me for the following sessions:

- May 28, 2009
- August 20, 2009
- November 19, 2009

Please provide the information below for each registrant.

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Parish \_\_\_\_\_

Home Phone \_\_\_\_\_

Daytime Phone \_\_\_\_\_

### Information

Carol Tempel or Jo Ann Owings  
314.792.7183

### Inclement Weather

Call 314.792.7183 for a recorded message.

### Directions to Cardinal Rigali Center

20 Archbishop May Dr.  
St. Louis, MO 63119

**From Watson Rd.,** go north on Laclede Station Rd. approximately 1 ½ mile; turn right onto Archbishop May Dr. Drive straight ahead to the main entrance of the Cardinal Rigali Center and enter the main front door.

**From I-44 westbound,** exit at Shrewsbury Ave and turn right (south) at the top of the ramp. Go 3 blocks to Murdoch Ave. and turn right. Turn left on Laclede Station Rd. Travel about ¾ of a mile and turn left on Archbishop May Dr. Follow underlined instructions above.

**From I-44 eastbound,** exit at the Murdoch Ave./Laclede Station Rd. exit; go south on Laclede Station Rd. (right at the top of the ramp). Travel about ¾ of a mile on Laclede Station Rd. and then turn left on Archbishop May Dr. Follow underlined instructions above.

### Parking

Parking is available in the front and on the large side lot past the Cardinal Rigali Center.

### Accessible Parking and Entrance

Follow signs to West Wing Entrance at the back of the building.



Maturing  
Adult  
Series

Presented by  
**Richard P. Johnson, Ph.D., PCSG**

**Cardinal Rigali Center**

**May 28, 2009  
August 20, 2009  
November 19, 2009**

**10 AM to 3 PM**

Sponsored by  
**Office of Laity & Family Life  
Archdiocese of Saint Louis**

MAY 28, 2009

**The Illumination Years:  
Spiritual Growth Dimensions in  
Your 60's, 70's, 80's and Beyond**

Every stage and phase of life has its own, quite unique, spiritual growth . . . the "Illumination" years are no exception. Indeed, the Illumination years are gifts from God given for the purpose of closer and deeper relationship building with God. *"Our soul is always young, timeless, revealing more of its promise, and its uniqueness with every arc we take around the sun."* (Brennan and Brewi) We are continuously called to grow in the Lord, and in the Illumination years we are called to this marvelous transformation of soul unfolding even more. Come learn the "spiritual work" of the Illumination years, work that when accomplished well brings heightened health, happiness, and holiness. When we fail to do this work, we suffer consequences of some type of pain.

AUGUST 20, 2009

**Ginger Snaps and Sandal Straps:  
Leaving a Legacy of Faith for Your  
Loved Ones**

Your personal life story is an adventure that needs to be lifted up as a unique rendition of how God's love acts in the world. Your story has all the components of a spiritual bestseller: tragedy, confusion, forgiveness, transformation, enlightenment, brokenness, etc., on and on your life unveils the redemptive work of God. It's in the second half of life that we truly begin to appreciate the panoramic vistas of our lives and capture their wondrous memories. Come learn how to capture the fingerprints of God that appear all over your life. Learn how to make a permanent legacy for your loved ones of the work of God in your life.

NOVEMBER 19, 2009

**Ten Techniques to Achieve  
Healing: God is an "Active  
Player."**

The restorative power of God is an awesome and effective force for healing that lies within each of us; this force is available to you. Fortunately, various techniques have been identified, studied, and certified for our use. This short course in healing covers the most effective healing techniques that you can use immediately in your journey. Dr. Johnson will demonstrate the techniques and you will be given time to "try them on" yourself in the program. This program is deep and yet fun, holistic yet Christ-centered, research-based yet very user friendly. See you there . . . you'll never be the same again.



DATE TO BE ANNOUNCED

**Re-Careering: Finding Your  
Authentic Work in the Second  
Half of Life**

Here's your solution to a boring retirement or a midlife job that no longer feeds your heart and soul. Designed for two groups: 1) *Mid-Career Changers* — those who are seeking a better fit between who they are and what they do, and

2) *Retirement Changers* — those anticipating retirement who seek a "second wind" or "enclave career," as well as those already in retirement but who realize that the "Golden Years" type of retirement doesn't "do it" for them. Both these groups are seeking something deeper, more personally purposeful, more meaningful, more personally "on-target", and more socially redeemable . . . something that connects the "call within them" to actual reality. This IS NOT a job search skills workshop, but a personal journey into your own "God call."

***Back by Popular Demand . . .***

PRESENTER

**Richard P. Johnson, Ph.D., PCSG**

*Dr. Johnson is nationally recognized for his pioneering work in Spiritual Gerontology. He is invited to churches, dioceses, and religious communities for consultation, workshops, retreats, and other educational work. Dr. Johnson's fresh ideas and enthusiasm for the spiritual aspects of adult development and aging have inspired scores of maturing adults to follow their hearts and live more abundant lives in Christ. He has written many articles and books, including the recently published Parish Ministry for Maturing Adults: Principles, Plans & Bold Proposals.*